

UCLAN Sports Arena

| Number | Name | Club | Age Cat | Week | | | | | | | | | | | | | | | | | | | Riders Average Time | |
|--------|-------------------------|-------|---------|---------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------------|------|
| | | | | 1 16-Apr | 2 23-Apr | 3 30-Apr | 4 07-May | 5 14-May | 6 21-May | 7 28-May | 8 04-Jun | 9 11-Jun | 10 18-Jun | 11 25-Jun | 12 02-Jul | 13 09-Jul | 14 16-Jul | 15 23-Jul | 16 30-Jul | 17 06-Aug | 18 13-Aug | 19 20-Aug | | |
| | | | | Two half laps | | | | | | | | | | | | | | | | | | | | |
| 1 | Finley Brennan | | E | 5:44 | 6:13 | 5:51 | | 5:23 | 4:29 | | | | 4:35 | | 4:20 | 4:27 | | | | | | | | 5:07 |
| 9 | James Sutton | BHWCC | E | 3:56 | 3:54 | | | 3:39 | | | | 4:10 | 4:10 | | | 3:52 | 3:21 | | | | | | | 3:51 |
| 16 | Orla Downes | RVJ | E | | 4:10 | 3:53 | | 3:37 | | | | 3:43 | 3:30 | 3:34 | 3:28 | | 3:49 | | | | | | | 3:43 |
| 20 | Alexis Stewart | | E | 5:43 | 4:56 | 5:16 | | 5:12 | 4:50 | | | | 5:10 | 5:05 | 4:41 | | | 5:16 | | | | | | 5:07 |
| 24 | Suzie Catterall | RVJ | E | 4:12 | | 4:44 | | 4:13 | | | | | 4:17 | | 4:47 | | | | | | | | | 4:26 |
| 33 | Ronan Sheikh | BHWCC | E | 4:15 | 4:22 | 4:17 | | 3:50 | 3:41 | | | 3:44 | 3:37 | 3:56 | | 3:54 | 3:42 | | | | | | | 3:55 |
| 40 | Anton Chohan | RVJ | E | | 5:05 | 4:51 | | 4:28 | 4:24 | | | | 4:30 | 4:47 | 4:20 | | 4:32 | 4:53 | | | | | | 4:38 |
| 50 | Kit Wright | RVJ | E | 4:19 | | | | | | | | | | | | | | | | | | | | 4:19 |
| 51 | Philippa Rankin | RVJ | E | | 5:23 | 5:11 | | 4:45 | 5:12 | | | | 4:01 | 4:34 | 4:09 | 4:15 | 3:59 | 4:19 | | | | | | 4:34 |
| 56 | Otto Bowden | | E | | 4:53 | 4:46 | | | 4:10 | | | 4:23 | 4:04 | 4:16 | 4:10 | 4:18 | 4:22 | 4:40 | | | | | | 4:24 |
| 60 | Grace Fairclough | | | | | | | 5:01 | 4:34 | | | 4:51 | 5:27 | | 4:26 | 5:04 | 4:25 | | | | | | | 4:49 |
| 64 | George Fairclough | | | | | | | 4:29 | 3:56 | | | 4:20 | 4:05 | | 3:55 | 4:22 | 4:07 | | | | | | | 4:10 |
| 73 | Daisy Endersby | RVJ | E | | | | | | 5:01 | | | 5:57 | 6:20 | 5:42 | | 6:11 | 5:42 | | | | | | | 5:48 |
| 74 | Evelyn Miller | RVJ | E | | | | | | | | | | 6:18 | | 5:52 | | 5:41 | 5:28 | | | | | | 5:49 |
| 75 | Reuben Miller | RVJ | | | | | | | | | | | 3:34 | 3:33 | 5:33 | | 3:21 | 3:41 | | | | | | 3:56 |
| 76 | James Catterall | RVJ | E | | | | | | | | | | 8:00 | | 6:22 | | | | | | | | | 7:11 |
| 77 | Louise Nicholls | | | | | | | | | | | | | | 3:28 | | | | | | | | | 3:28 |
| | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | Anna Barton | RVJ | B | 3:19 | | 3:01 | | | | | | | | | | | | | | | | | | 3:10 |
| 19 | Charlie Brennan | | D | 3:18 | 3:15 | 3:12 | | 3:05 | 2:59 | | | | 2:54 | | | 2:57 | | | | | | | | 3:05 |
| 27 | Katie Colling | RVJ | | | | | | | | | | | | | | | | | | | | | | |
| 28 | Sid Sumner | | | | | | | | | | | | | | | 3:07 | 2:52 | | | | | | | 2:59 |
| 44 | Jack Hughes | CCC | B | 2:36 | | | | | | | | | | | | | | | | | | | | 2:36 |
| 46 | Katie Lawson | RRO | E | 3:36 | | | | 3:20 | 3:06 | | | | 3:04 | | | | | | | | | | | 3:16 |
| 47 | Alexander Sutton | BHWCC | C | 3:02 | 3:13 | 3:09 | | | | | | 3:12 | | | | 3:05 | | | | | | | | 3:08 |
| 49 | Phoebe Taylor | RRO | D | 3:16 | 3:03 | 3:06 | | 2:48 | 2:50 | | | 2:54 | 2:45 | | | 2:56 | 2:52 | 3:02 | | | | | | 2:57 |
| 50 | Jack Battersby | RVJ | D | 3:37 | | | | | | | | | | | | | | | | | | | | 3:37 |
| 51 | Martha Wright | RVJ | D | 3:39 | 3:36 | 3:40 | | 3:22 | | | | | | | | | | | | | | | | 3:34 |
| 52 | Lewis Van Den Biggelaar | RRO | C | | 3:27 | | | 3:16 | | | | | 3:01 | | | | 3:06 | | | | | | | 3:12 |
| 53 | James Sledge | RVJ | | | | 3:12 | | 3:04 | 3:13 | | | | | | | | | | | | | | | 3:09 |
| 54 | Joseph Chadwick | | | | | | | | | | | | | | | | 2:53 | 2:54 | | | | | | 2:53 |
| 55 | Adam Van Den Biggelaar | RRO | | | | | | 3:01 | 2:57 | | | | | | | 3:14 | | 3:11 | | | | | | 3:05 |
| 57 | Trista McNaught | | | | | | | | | | | | 2:58 | | | 3:04 | 3:06 | | | | | | | 3:02 |
| 58 | Tilly McNaught | | | | | | | | | | | | 3:05 | | | 3:06 | 3:05 | | | | | | | 3:05 |
| | Emma Cull | | | | | | | | | | | | | | | | | 3:12 | | | | | | |

Summer 2018 Monday Evening Coaching

UCLAN Sports Arena

| Number | Name | Club | Age Cat | Week | | | | | | | | | | | | | | | | | | | Rider's Average Time |
|--------|-------------------|-------|---------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|----------------------|
| | | | | 1 16-Apr | 2 23-Apr | 3 30-Apr | 4 07-May | 5 14-May | 6 21-May | 7 28-May | 8 04-Jun | 9 11-Jun | 10 18-Jun | 11 25-Jun | 12 02-Jul | 13 09-Jul | 14 16-Jul | 15 23-Jul | 16 30-Jul | 17 06-Aug | 18 13-Aug | 19 20-Aug | |
| 2 | Shaun Laycock | BHWCC | C | 3:04 | 2:59 | 3:03 | | 3:03 | 3:03 | | 2:55 | 2:51 | | | 3:03 | | | | | | | 3:00 | |
| 20 | Neve Laycock | BHWCC | C | 3:04 | 3:02 | 2:55 | | | 2:51 | | 2:54 | 2:47 | | | 3:05 | | | | | | | 2:56 | |
| 24 | Victoria Martin | RVJ | B | 3:00 | 2:59 | 2:45 | | 2:47 | 2:47 | | 2:55 | 2:45 | 2:44 | | 3:01 | 2:51 | 2:43 | | | | | 2:50 | |
| 28 | Gabriel Ind | RVJ | B | 2:52 | 2:57 | 2:43 | | 2:45 | 2:38 | | 2:43 | 2:41 | 2:43 | | 2:41 | | 2:43 | | | | | 2:44 | |
| 32 | Harry Battersby | RVJ | B | 0:00 | | | | | | | | | | | | | | | | | | 0:00 | |
| 35 | John Cull | RVJ | B | 2:47 | 2:56 | 2:43 | | 2:44 | 2:34 | | 2:52 | 2:42 | 2:43 | | 2:39 | 2:34 | 2:42 | | | | | 2:43 | |
| 36 | Daniel Lilley | | | | | | | | | | | 2:41 | | | | | | | | | | 2:41 | |
| 37 | Katie Mathison | CATC | B | 2:52 | 2:58 | 2:45 | | 2:45 | 2:39 | | 2:42 | 2:42 | 2:44 | | | | 2:44 | | | | | 2:45 | |
| 42 | Alice Colling | | C | | | | | | | | | | | 2:56 | | | | | | | | 2:56 | |
| 45 | Aidan Downes | RVJ | C | | 3:14 | 2:59 | | 2:50 | | | 2:52 | 2:46 | | | | 2:54 | | | | | | 2:55 | |
| 47 | Benjamin Pitlouis | BHWCC | C | 3:05 | 2:56 | | | 2:47 | 2:58 | | 2:53 | | 2:45 | | | | | | | | | 2:54 | |
| 48 | Dennis Kay | CATC | B | | | 2:41 | | | | | 2:42 | 2:40 | | | | | | | | | | 2:41 | |
| | Josh Geary | | | | | | | | | | | | | 2:43 | | | | | | | | 2:43 | |