Summer 2017 Monday Evening Coaching

UCLAN Sports Arena

Number	Name	Club	Age Cat	Week 1 24-Apr	2 01-May	3 08-May	4 15-May	5 22-May	6 29-May	7 05-Jun	8 12-Jun	9 19-Jun	10 26-Jun	11 03-Jul	12 10-Jul	13 17-Jul	14 24-Jul	15 31-Jul	16 07-Aug	17 14-Aug	18 21-Aug	Rider's Average Time	Race night 1 - 10 mile TT
1	Freya Aitchison	RVJ	D			4:37																4:37	
4	Josh Geary		C					03:10														3:10	
8	Louis Goodman		D					03:50		03:45	03:28	-		03:33	03:28							3:36	
9	Phoebe Taylor	RRO				4:25		3:39			3:29			3:34	3:29		3:28	3:28	3:23	3:36		3:36	
10	Ewan Goodman		E					08:14			06:55	06:14		08:08	07:12							7:20	
11	Sirus Langtree																5:57	05:30	05:58			5:48	
12	Jessica Morris	RVJ													3:53		3:50					3:51	
15	Katie Lawson														4:19		3:54			4:02		4:05	
16	Orla Downes	RVJ																4:17	4:14	4:39		4:23	
17	Alannah Birch		D											4:16	4:10		4:31					4:19	
25	Gabryiela Szymanowska					5:14																5:14	
44	Dylan Curwen																		4:16			4:16	
48	Daisy Endersby	RVJ	E					7:27			6:39	6:04		6:40			5:46	5:32				6:21	
67	Kit Wright		E					4:11		4:23	4:34	4:23		5:30	4:17		3:59	4:12	4:01	4:03		4:21	
70	Martha Wright	RVJ	D					3:43		4:03		3:52						3:54	3:46	3:56		3:52	
71	Krystal Carson		E																			#####	
75	Ronan Sheikh	BHWCC	C			4:47		4:11		4:20	4:28			5:08	4:14		3:59		4:06	4:35		4:25	
77	James Sutton	BHWCC	E					3:49			4:17				4:03		3:56	4:05				4:02	
2	Anna Barton	RVJ	B			3:21		3:25			3:04	3:03		3:04						-		3:11	34:20
4	Felix Cooper	BW	D																				16:53 (5 mile)
6	Neve Laycock	BHWCC	C					3:32						3:08				3:09		-		3:16	35:14
12	Shaun Laycock	BHWCC	C					3:02						3:05				3:13		-		3:06	37:34
15	Jayden Birch		C					3:17		3:22		3:01		4:46	-		3:11					3:31	
19	John Cull																2:50		2:49			2:49	
22	Yasin Mohamed		C			3:03		2:59			2:58	2:58		2:55	2:49							2:57	
23	Christopher Frank	BHWCC	E			4:08		3:41				3:42										3:50	
25	Jonathan Frank	BHWCC	D			3:14		3:03				3:02										3:06	
27	Jack Battersby	RVJ	E									3:32					3:31					3:31	43:25
29	Felix Coxon	RRO	C			3:18		3:01														3:09	
30	Callum Tegland		B				4:20							3:52			3:56		3:16	-		3:51	
31	Blane Birch		B			3:32	3:22	3:33		3:31		3:03		-	3:24							3:24	
33	James Sledge	RVJ	D				4:10	3:57		3:50	3:39	3:31		3:30								3:46	43:31
36	George Denye	RRO	C			3:22	3:11	2:59			3:03											3:08	
37	Aidan Downes	RVJ	C			3:35	3:18			3:26	3:15	3:03		3:05				2:59	2:50	-		3:11	39:22
38	Ryan Downes	RVJ	C			3:18					3:02			3:04				3:00	2:51	-		3:03	
39	Alexander Sutton	BHWCC	C					3:01			3:01				2:50		2:49	2:58				2:55	
	Eve Pedley	RVJ	C																			#####	

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1	Thomas Purcell	RVJ	B			2:41																2:41	
2	Erin Corrigan	LCRC	B			2:53	2:53	2:42		2:55		2:48										2:50	
16	Gabriel Ind	RVJ	C			3:02	3:04	2:54			2:45	2:47		2:52	2:48			2:58	2:50	-		2:53	32:15
20	Dan Eastham	RRO	C					2:41														2:41	
24	Victoria Martin	RVJ	C			3:08	2:59	2:55		3:08	2:49	2:49		2:49	2:47		2:49	2:57	2:55	-		2:55	35:06
27	Declan Coxon	RRO	A			2:58					2:48											2:53	
34	Morgan Pedley	RVJ	A	2:35		2:28												2:34	2:21			2:29	
42	Carys Field	RVJ	A	3:03		3:05		3:05			2:52	2:49		2:55	2:48							2:56	35:34
45	Harry Battersby	RVJ	B	2:55				2:50				2:47					2:43			-		2:48	31:52
49	Thomas Rushton	RVJ	A	2:34		2:27																2:30	27:28